



Issue 3 July 2008

Join us at the Mela

We are inviting all Time Banks to attend this festival. Bring your time bank members with you and showcase time exchanges and activities where members of the public will be invited to take part. It will be a great day of fun activities and an opportunity to meet up with other time banks! If you only come to London once this year, make it this weekend! Your family, children and friends are welcome to come and join in the fun.

At this festival, we will have a 12 m x 12 m marquee with performance area, dedicated to timebanking activities. If you would like a table for your activities, please let me know as soon as possible. We can help with your expenses. Just send an email to me at sarahbird7@yahoo.co.uk with the details.



Time banking success stories

Recently, Castle milk and Rushey Green time banks have been recognised for their outstanding achievements:

The Queen's Award for Voluntary Service winners for 2008 have been announced, and Castlemilk Timebank is one of those who will be receiving the National Honour - which is equivalent to an MBE - this year for its work in the local community. Once again the many volunteers in Castlemilk have been recognised for the work they do. Truly 'Unsung Heroes'.

info@castlemilktimebank.org

Rushey Green Time Bank is the proud winner of the London Health Commission 'Community action on Health and well-being' in the category of 'Partnership achievement with the NHS - activities that

bring communities together to work with NHS staff to improve health and well-being'.

rusheygreen@googlemail.com

A big congratulations from Time Banking UK, and all the network!