



Issue 8 December 2008

### Season's Greetings

We'd just like to take this opportunity to wish all our readers and supporters a very merry Christmas and a happy, prosperous 2009 from all of us at Timebanking UK.



### Training

There's 2 lots of training going on in the new year, the first of which is:

**Inclusive Volunteering** with Scope on 14<sup>th</sup> January 2009 from 11am-3.30pm at St. Luke's Time Bank in London (EC1)

The second is:

**Criminal Records Bureaux** training with a SW Hub network lunch on 25<sup>th</sup> February 2009 (times to be confirmed) at Time for Action, Barton Hill, Bristol

If you'd like to come on either of these training courses, please contact [sarah@timebanks.co.uk](mailto:sarah@timebanks.co.uk) or phone 01453 750952 to book your place.

### International Timebanking

The interest in international exchanges is picking up, with offers/requests coming in from Sweden and Italy.

Ulla from Sweden would like visit with some of her members, time banks with youth work going on in the community. There may be an opportunity for a reciprocal visit to Sweden!  
[ulla.gawlik05@globalverkstan.net](mailto:ulla.gawlik05@globalverkstan.net)

Vico from Italy would like to get a language exchange together via something like skype, with everyone learning one another's language.  
[vico.hemsi@gmail.com](mailto:vico.hemsi@gmail.com)

### Personalisation

You've probably already been hearing about Direct Payments and personalisation. Here's a quick guide from the DOH:  
<http://www.dh.gov.uk/en/SocialCare/Socialcarereform/index.htm>

Nationally a major rethink is happening about how we provide social care. This provides challenges and opportunities for timebanking, which we will be keeping you up to date on next year.