Save the date!
5th - 6th September 2018
Brunel University
Celebrating 20 Years of Timebanking in the UK!

Can you believe that this year will be 20 years since timebanking began in the UK? Surely there is no better way to celebrate than by bringing time banks together to share their wealth of knowledge, stories, experience and skills? We warmly invite you to join us at the Brunel University, West London, for two days of reciprocity, sharing and learning.

Our Patron, Lord Low of Dalston will give the opening address, with contributions from Martin Simon (the founder of timebanking in the UK), flagship time banks, Robert Buckland QC MP Voluntary Arts England and many more. We still have some space in the agenda for speakers, workshops and innovative ideas, so if would like to get involved in any way, please do get in touch with nicki@timebanking.org

Book now! https://goo.gl/kZfmy

Timebanking UK have been working with Hampshire County Council since November 2016 on a project to set up a network of time banks throughout the
The original grant was for a year and the aim was to develop 6 time banks - in Totton, Andover, Whitehill & Bordon, Fleet, Basingstoke and Leigh Park. Working Groups have been set up in 5 of these areas to date and they are really busy coproducing time banks that fit, and will benefit, their local communities. The 6th area will be coming on stream at the end of the year. The great news is that HCC have agreed funding for a further year to fully establish these fledgling time banks - and to develop a further 5 in other areas of Hampshire! It will be great to establish a real network in the county - and to be able to link with other time banks already set up in Hampshire, the Isle of Wight, and neighbouring counties.
I was hoping that the great time bank network might be able to help me with a couple of requests - cheeky I know, but I've long learned that if you don't ask - you don't get!!!
Can you help with funding information?
I would love to hear from any time banks who are willing to share how they were successful in funding bids - particularly with regards to funding a Broker role. I know we are all protective of our funders, but even if it is generalised, it would be very useful.
Do you work with your local CCG?
And if so, how do they help - is it with funding, resources, communication or anything else? How did you get their buy in? Please get in touch to share your experiences.

Please do get in touch if you can help with my requests, or would like to know more about the project or have any great hints and tips about starting up new time banks.

Janet Compton  
Hampshire Network Project Manager  
T: 07494353959  E: janet@timebanking.org

**Time Online 2** is so close we can almost taste it!  
We are delighted to announce that we will shortly be releasing new software available for our members to use.
The new software complies with the new GDPR regulations and it is a much more modern and effective tool to assist both members and brokers to post offers and requests, keep members details and compile a wide range of reports.
Time and Talents will still be available in the UK, they too are updating their systems and would like payments from UK time banks to enable them to do so. Please contact HOourworld directly regarding this.
If you would like to transfer your data to TimeOnline2 please email tol2@timebanking.org and we will get you onto the new software waiting list.
If you are a TBUK member and not currently using any software please contact us to start your own TOL2 time bank page.

Guidance on becoming GDPR compliant is available at www.timebanking.org - Members Area

John Runs London Marathon to get Hampshire Time Banks Running!!!

John Compton (Janet Compton, Hampshire Timebanking Network Project Manager's husband) has a place in this years Virgin London Marathon and has agreed to run to support the Time 4 Hampshire project - supporting the
development of a network of new time banks throughout Hampshire. The money will be used to help the fledgling time banks to start on their valuable work - reducing social isolation, improving health and well being, developing skills, strengthening and connecting communities one hour at a time. This will be John's 8th marathon and his 6th in London - and he has actually gained his place this time by achieving a 'good for age' place by running a qualifying time at the Brighton Marathon in 2016. John loves running and especially the challenge of training for such an iconic race.

This year's Virgin London Marathon is on Sunday 22nd April and to help motivate him on his long training runs in all weathers over the final hard months, he would really appreciate your support and sponsorship. Please do help if you possibly can by going to John's fundraising site at https://mydonate.bt.com/fundraisers/johnhime4hampshire

If you would prefer to sponsor offline, let Janet know by email (janet@timebanking.org) and she'll add your name and pledge to a regular sponsor sheet.

Every £ you donate will help the new Hampshire time banks get running too!!!!!!

Many thanks in anticipation........

**Barnet Time Bank** started life from a laptop and a mobile phone, now 4 years later the time bank's participants have clocked up over 4000 hours of timebanking. The time bank, like many across the country has helped people find work, confidence, friends and skills they never knew they had, but as importantly it has reinstated peoples belief in community. The Barnet Time Bank has been full of amazing people offering anything from counselling to life drawing lessons. It was this belief in community that the time bank changed strategy and was offered the chance to run a befriending scheme for recently arrived Syrian refugees in Barnet. Timebanking gives us confidence that the community would stand up and be counted and support people trying to make a new life in the UK. A year later this belief has been repaid tenfold and we have recruited amazing volunteers such as the retired Arabic GP who acted as a translator during a caesarean section, and the busy young professional who has hugely improved English leading him to now being in part time employment. We all know that timebanking instils not only the belief in the community but the belief in the individual. It is with this belief that we have been working with 5 amazing Syrian women to set up a catering company serving delicious Syrian food. We have catered two events for over 200 people, private parties as well as plans for regular supper clubs. Once we place belief in people they do amazing things!

Lex Karlin - Barnet Development Manager, Timebanking UK
Due to the low number of DBS applications now eligible by our time bank brokers and members we are unable to continue to be an umbrella body for the Disclosure and Barring Service. We still want to enable those few of you who require one to access the service and can now provide brokers with a log in to a new online service. This is far more effective and has an extremely fast turnaround, as quickly as under a week for enhanced checks. Contact Reli at membership@timebanking.org for further information.

**TBUK HOME FROM HOSPITAL UPDATE**

Participating Timebanks: St Neots, Hampshire Timebanks Network and Southampton Timebanks Network

We held our first Workshop on 21st February. At the workshop, all attendees were able to get to know each other; discuss the TBUK Working Document Home from Hospital Booklet and discuss their ideas about setting up their local Home from Hospital projects. By the end of the workshop all attendees had created an action plan for their projects, and we had set up a peer support group.

**Some headlines from the workshop:**

- Everyone is going to think big and start small
- It was agreed that attendees Timebanks can support people categorised as ‘simple discharge’, getting hope from hospital.
- Everyone will promote the toolkit and their local project, via for example, newsletters, the radio, coffee mornings and Volunteers Week in June.
- Everyone will have discussions with their stakeholders, probably via at least one community conversation. Attendees will consider using a World Cafe approach.
- Everyone will establish and/or develop their local health and social care networks, so that the appropriate staff are aware of the chosen scheme.

**Our next Workshop will take place on the 2nd May. Want to know more about this project?**

**Please get in touch with** lynn@timebanking.org

**LONDON TIME BANK NETWORK SROI REPORT**

We are pleased to announce the recently published impact report and social return of investment of our London timebanking network which has been funded and supported by the City Bridge Trust since 2014. This now appears on their website and can be downloaded in PDF format

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info@timebanks.co.uk

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