

# Timebanking UK

NEWSFLASH APRIL 2015



Timebanking UK

## Welcome to Our Latest Newsflash



2015 has started with a flurry of activity for Timebanking UK. We have had some exciting timebanking developments in areas of the country including Derbyshire, Stockport, Surrey and Portsmouth where networks of time banks are being created and developed in partnership with the councils, CCG's, military and local communities. As always, we intend to use our Associates, in a paid capacity, to help us deliver talks, workshops and training, so don't forget that if you are an experienced 'timebanker' we would love to hear from you. Please apply by email via our website page under 'Exciting opportunity':

[www.timebanking.org/about-tbuk/vacancies](http://www.timebanking.org/about-tbuk/vacancies)

We will be holding two training days for existing and new Associates this year in both London and Birmingham or Manchester to update you on the growth of TBUK, using the software and to find out more about you and your timebanking talents! The dates are 23rd June for London and 25th June for Birmingham or Manchester. Venues are to be arranged, so please keep this date free in your diary. We now have a pack of information, support and resources specifically to support our Associates which we will distribute from next month.

Sarah Bird, CEO Timebanking UK



## Welcome to our New Members

We would like to welcome new members **Barrow Time Bank** (Barrow-in-Furness), **West Wight Time Bank** (Isle of Wight) **The Repair Shed** (Herts), **Brunswick Time Bank** (Manchester), **Swansea BID**, **Mother T's** (Isle of Man) and **hOurbank Dearne** (Barnsley).

Timebanking UK have been reviewing our membership packages and now have a range of great value packages to suit all sizes of time banks and networks.

Please do keep your membership up to date. If you haven't received a renewal invoice or know when your renewal date is please contact:

[membership@timebanking.org](mailto:membership@timebanking.org)

We are changing the way we work in April and the benefits of membership will cease should membership expire.

Remember that Timebanking UK is here to support you – without our fantastic membership we would not exist!

## Timebanking UK National Conference 12<sup>th</sup> and 13<sup>th</sup> November 2015 – Save the Date

And so, the time has finally arrived, the wait is over.....

.....**Scotland will host the next Timebanking UK Conference!!**

We are delighted to announce that we'll be hosting this event in the shadows of the Ochil Hills and Stirling Castle in the beautiful setting of Stirling University.

We aim to make this the biggest Timebanking event you've ever seen, with Stirling being the centre of the Timebanking world for a very special couple of days.

But we need you to make it happen: Join us for sharing ideas, workshops, music, learning, food, exhibitions and a host of exciting opportunities, we aim to make this a 'Festival of Timebanking' and a party to remember!

**So come on and get it in the diary, booking info and updates of content to follow.....watch this space!!!!**



## Regional Network update Kaaren

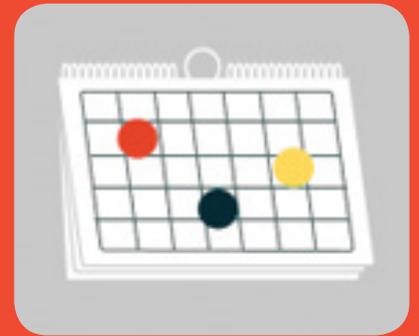
The Regional Network meetings are growing as more time banks join and renew their TBUK membership. They provide opportunities for timebanks to network, share best practice and learn new skills from training and workshops as well as providing an environment of peer support and creative space for problem solving which we can share with brokers from other networks.

Over the last few weeks we have had meetings in York where Leeds Creative TimeBank member Ivor from BettaKulcha facilitated an excellent session on presentation skills. Prior to that we had our first East Midlands Regional meeting in Chesterfield; as a result a Derbyshire Network has been established. The North West Regional Network was run by our Associates in Stockport and explored how to best promote our time banks; getting to know your local journalist, using social media (including our weekly #TBHour) and funding opportunities.

Stirling will be the location for our Scottish wide network in April and brokers are travelling from Dundee to Dumfries to be there! Topics of workshops are in response to requests from time banks in Scotland. We are really looking forward to the opportunity to get to know each other better and share the good work happening in Scotland. Spaces are limited so get in touch as soon as possible if you would like to attend.

In response to feedback from our members we are endeavouring to find ways to connect everyone, even if you are in a remote corner of the UK and find it difficult to physically get to meetings. We are encouraging the use of social media to stay in touch as well as a new initiative by our London Network to match people up with buddies. If you would like to buddy up with someone in your region or across the border who is doing a similar style of timebanking let us know. Timebanking UK can also arrange for more formal mentoring if you require so get in touch.

Keep an eye on the website for dates of meetings. More details can be found in member's area along with minutes and agendas of meetings. Do give us feedback if you have ideas of how to improve the regional networks. We would love to hear from you. Contact [kaaren@timebanking.org](mailto:kaaren@timebanking.org).



## Regional & Network Meetings across the UK

### South West

Plymouth  
15th April  
11:00 - 3:00pm

### Scottish wide Network Day

Stirling  
22nd April  
10:30 - 4:00pm

### Wales

Regional  
16th May 2015

### London Network

"Over the Spring the London Network is encouraging Broker-to-Broker support as a Timebanking exchange. We are also trialling how knowledge and skills can be more easily exchanged between time banks to support the development of new projects and themes. Current training priorities are Time and Talents software and time bank sustainability. Network meetings will continue to co-produce and share best practice and increase time bank collaboration."

Peter needs people to join his advisory group. If you are interested in getting involved in the London Network, please email:

[peter@timebanking.org](mailto:peter@timebanking.org)

### Training Days

(contact Peter for timings and venue details):

### Social Enterprise

6th May

### Time and Talents

21st May





## Time and Talents: The New Webinar Format

Because of the amount of repetition that was going on in the T'n'T webinars, we have recently changed the format, cutting them down from 4 short sessions, to 2 longer sessions. This seems to have worked out well, with some positive feedback.

We now cover the Basics of setting up the software, and how to run it for your timebank in the first session, with the second session for people who have been using T'n'T for a while and it goes into the more advanced side of the software.

We have had a large number of new timebanks starting, and I look forward to meeting the brokers and admins at our next sessions, the dates of which are below:

### **TnT Web 5: Basic Time and Talents (Thursday 7<sup>th</sup> May 2015 – 13:30 hrs)**

This webinar will cover everything you need to know to get your timebank up and running, right from the moment your time bank has been set up on the software. Items covered include:

- Checking the information on your time bank
- Setting up your time bank
- Setting up administrators
- Transferring of data from other sources
- How to add members
- How members can apply to join your timebank
- Doing exchanges, as a member and as an administrator

And

### **TnT Web 6: Advanced Administrator (Tuesday 9<sup>th</sup> Apr 2015 - 13:30 hrs & Thursday 14<sup>th</sup> May 2015 – 13:30 hrs)**

This webinar will cover the more advanced aspects of Time and Talents that you are more likely to use once you are familiar with the basics of the software. We recommend you do not join this webinar until you have a solid understanding of the basics (Either using on a day to day basis, or after attending the Basics Webinar). Items covered include:

- Reports – using the filters to create advanced sets of reports
- Designing your TnT home page, with colours and content
- Customising system notices
- Membership levels
- A more in depth look at what all the switches do for customisation
- A detailed look at using the internal Email editor used by Administrators
- Linking an administrator account and a member account

We are also planning to hold irregular webinars on different topics. The first of these will be 'Building your T'n'T web page'. These webinar will only run if we get enough interest from our members.

If you are interested in joining this webinar (date to be arranged with members showing an interest), or you have any suggestions for other webinars, please contact Ian Toplis on [ian@timebanking.org](mailto:ian@timebanking.org)



## Broker Training Dates

To book please contact:  
[nicki@timebanking.org](mailto:nicki@timebanking.org)

28th & 29th April, 2015  
Histon, Cambridge

Day 1: 10.30am - 4.00pm  
Day 2: 10.00am - 4.00pm

For training opportunities in London visit:

[www.timebanking.org/  
our-membership/london-  
timebanking-network](http://www.timebanking.org/our-membership/london-timebanking-network)

## Changes to Membership Packages

Timebanking UK are now offering membership on 4 levels.

- Bronze for small individual community run and led time banks
- Silver for larger time banks with organisational support.
- Gold for a network of time banks
- Platinum for a full package of on site support for a timebanking network of multiple time banks

As many of you know, the packages include many benefits including DBS checks, off site support, access to Broker training, use of our TBUK logo, invitations to regional meetings and events, newsletter and a choice of timebanking software.

All new time banks will now receive a full WELCOME pack which includes a range of leaflets and information.

To find out more about these packages go to [www.timebanking.org/our-membership/join](http://www.timebanking.org/our-membership/join)



## Case Studies

As we move round the UK we are hearing amazing stories of lives transformed through timebanking. In order to make it easier to compare and contrast case studies we are currently developing a template to help you pull them together.

A case study might be an 'amazing story' about an individual member, practical examples of co-production or timebanking as asset based community development tool or perhaps a description of timebanking with particular communities of interest or organisations.

Kaaren will be leading on this work together with Kate Macdonald (from TimeBank Hull and East Riding) to develop a resource of best practice examples which you can in turn use locally. Some of these will be professionally designed and incorporated into a national report for Timebanking UK to use strategically, for funding, to share with member time banks and to grow the timebanking movement nationally and internationally.

## CALL FOR EVALUATIONS, IMPACT ASSESSMENTS AND COST SAVINGS FROM TIME BANK ACROSS THE UK AND GET £500!!!

Please send Timebanking UK any evaluating reports you have completed for your time bank which shows the effects that timebanking has had on local people, communities and any associated cost savings for your funder or supporter.

This information will be put into the members area of our website to encourage investment across the UK from health authorities, local authorities and other commissioning bodies. It will also assist other time banks who are trying to complete evaluations.

We are offering **£500** to three of the best reports we receive **BY THE END OF APRIL 2015!** Your report should contain information on:

- How many people were involved in the research
- Demographics of those people and where in the country they are from
- Benchmarking information about how people felt at the time of joining the time bank and how they felt after a set time period
- Any associated cost savings or cost comparison for community activity or savings to public services or a local authority/health provider

Please email surveys and reports to [sarah@timebanking.org](mailto:sarah@timebanking.org) by 30th April 2015.

We will acknowledge all contributions in our next newsflash.



## DBS

The top reason for forms being delayed is due to this part of the DBS being completed incorrectly

Section 61: Position applied for – Please ensure:

Line 1: Must contain one of the following - 'Adult Workforce', 'Child Workforce', 'Adult and Child Workforce' 'Other Workforce'

Line 2: Job description (please do not write 'volunteer', - a description of the job requiring a DBS check is required here.

## Timebanking UK Associates

We want to send all of our Associates a pack of information and materials to help you help us..... to grow the timebanking movement and our networks across the UK.

If you have signed our contract and have undertaken any work for us, please email: [membership@timebanking.org](mailto:membership@timebanking.org) for your pack.

Some of the benefits are:

- Paid work
- Regional training and networking for you (June 2015)
- A TBUK email address for you
- Leaflets and information
- A powerpoint presentation and film for you to use
- Support and guidance from TBUK staff